Preventing Pregnancy

We're together on this

Planning   **A**ccess   **C**are   **T**reatment

Family PACT

Planning • Access • Care • Treatment

OFFICE of FAMILY PLANNING
CALIFORNIA DEPARTMENT of HEALTH SERVICES

What is Family PACT?

Family PACT is a program for family planning and reproductive health services.
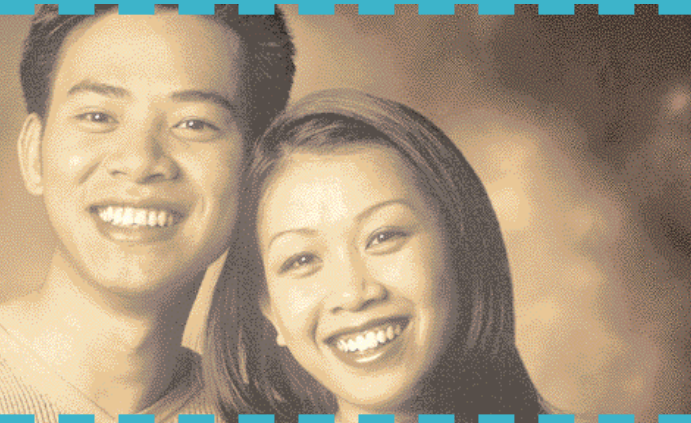
The Family PACT goals are to:
- promote reproductive health
- prevent unplanned pregnancy

Who needs Family PACT?

You may need Family PACT services if you are concerned about:

- A family planning method that's right for you
- Unplanned pregnancies
- STIs (sexually transmitted infections)
- Your future reproductive health

What is reproductive health?

Taking care of yourself so that you can have a healthy pregnancy and a healthy baby when you are ready.

Reproductive health is important for men and women.

What are family planning services?

- Reproductive health exams
- Family planning methods
- Pregnancy testing and counseling
- Individual education and counseling
- STI (sexually transmitted infection) testing and treatment
- Hepatitis B immunizations
- Screening tests for some types of cancer
- HIV testing and counseling

Family PACT can help you decide which birth control method is right for you.
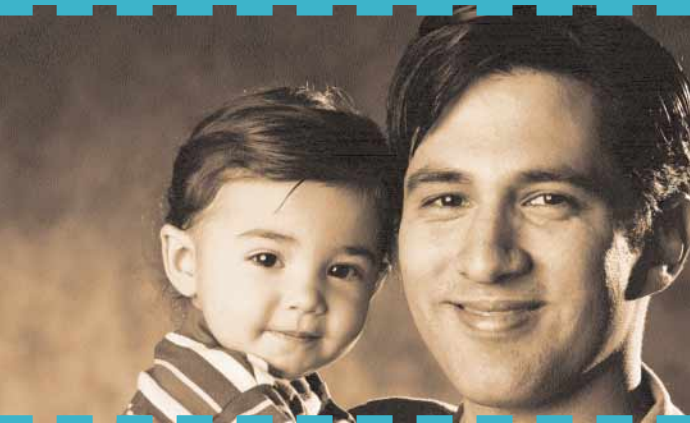
Birth Control Methods

- Birth control pills
- Emergency contraception
- Diaphragm
- Cervical cap
- Male and female condoms
- Contraceptive implants
- Birth control shots
- Intra-Uterine Contraceptive (IUC)
- Natural family planning
- Breast feeding birth control method
- Male and female sterilization

Who is eligible for Family PACT?

- Women, men and teens who can become pregnant or cause a pregnancy
- Women 55 years of age or less
- Men 60 years of age or less
- California residents who:
  - Are low-income
  - Do not have insurance, or
  - Have insurance, but need to keep family planning services confidential

Why should you enroll in Family PACT?

By enrolling now, you can have:

- Complete and private family planning services

- A healthy sex life

- A healthy pregnancy when you are ready

…and learn how to make the best choices for control of your future

How do you get started?

- First, make an appointment with your local Family PACT provider
- Then, complete a one-page eligibility form

Enrollment is on-site and immediate!

"**Thanks to the no-cost coverage offered by Family PACT, I'm taking care of myself and protecting my future.**"

Where can you find a Family PACT provider?

To find a Family PACT provider near you, please call:

1-800-942-1054

Family PACT is a program of the California Department of Health Services Office of Family Planning.